

SANDY CITY PARKS AND RECREATION

DAN MEDINA PARKS AND RECREATION DIRECTOR

> MONICA ZOLTANSKI MAYOR

SHANE PACE CHIEF ADMINISTRATIVE OFFICER

PARK AND RECREATION MONTH PROCLAMATION

BE IT KNOWN AND REMEMBERED that the Mayor and the City Council of Sandy City, State of Utah, finds and determines as follows:

WHEREAS parks and recreation is an integral part of communities throughout this country, including Sandy City; and

WHEREAS parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers: and

WHEREAS parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS park and recreation programming, such as youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS Sandy City recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED as the Mayor and City Council of Sandy City we hereby jointly proclaim that July is recognized as Park and Recreation Month in the city Sandy, Utah and encourage all residents and visitors to become active in the use of our parks and recreation amenities and programs.

Monica Zoltanski, Mayor

Date _____

Date

Ryan Mecham, Council Chair

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