

Thank you for your interest in the Utah Wellbeing Project Survey, a statewide initiative! This is the Sandy version.

This survey is available in English and Spanish. Please use the box in the upper right-hand corner to select your preferred language. The survey works best on a computer or tablet, but will also work on smartphones.

If you took the Wellbeing Survey in early 2020, please take this survey again now!

The goal of this survey is to better understand the life conditions of people in Utah cities and towns and how different aspects of wellbeing vary from person to person and place to place. Results will be shared with your city's leaders.

We would like to hear from adults (age 18 or over) who are full or part-time residents of **Sandy**. The survey should take about 10 minutes or less. We will not collect any identifying information about you. It may be possible for someone to recognize specifics in the information you share, but reporting is done at the city level (not about individuals). All questions are important to us, but you may decline to answer any questions.

Please encourage others age 18 and over in your household and community to take the survey as well.

Please do not take this survey more than once.

The Utah State University Institutional Review Board has approved this research study (Protocol 9223). If you have any questions about the survey, please contact Dr. Courtney Flint at (435) 797-8635. If you would like to speak with someone about your rights as a participant or talk with someone other than the research staff, the USU IRB Office can be reached at (435) 797-0567 or at [irb@usu.edu](mailto:irb@usu.edu).

Please continue on to the next page to begin the survey.

Thank you!  
Dr. Courtney Flint

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**Are you a full or part time resident of Sandy?**

I am a full-time resident of Sandy

I am a part-time resident of Sandy

No, I am not a resident of Sandy → Skip to Thank you and End of Survey

**How long have you been a resident of Sandy?**

\_\_\_\_\_ years

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How would you rate your overall personal wellbeing? (Use your own interpretation of “wellbeing”.)

Very poor (1) – Excellent (5)

Has your overall personal wellbeing changed in the last year?

- Declined substantially
- Declined slightly
- No change
- Improved slightly
- Improved substantially

How would you rate overall wellbeing in Sandy?

Very poor (1) – Excellent (5)

Has overall wellbeing in Sandy changed in the last year?

- Declined substantially
- Declined slightly
- No change
- Improved slightly
- Improved substantially

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How would you rate your level of personal wellbeing in each of the following categories?

	Poor	Fair	Moderate	Good	Excellent
	1	2	3	4	5
Connection to Nature	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leisure Time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Living Standards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local Environmental Quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety and Security	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Connections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Have any of these categories of your personal wellbeing been affected by COVID-19?

	Wellbeing declined with COVID-19	No change to wellbeing from COVID-19	Wellbeing improved with COVID-19
Connection to Nature	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leisure Time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Living Standards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local Environmental Quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety and Security	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Connections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How important are the following categories to your overall personal wellbeing?

	Not at all important	Slightly important	Moderately important	Important	Very important
	1	2	3	4	5
Connection to Nature	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leisure Time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Living Standards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local Environmental Quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety and Security	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Connections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**In Sandy, to what degree do people take action together in response to local problems and opportunities?**

Not at all (1) – A great deal (5)

**In Sandy, to what degree do you feel connected to your community?**

Not at all (1) – A great deal (5)

**Have you participated in any of the following activities (in person or virtually) during the past 12 months?**

- School group activities (PTA, volunteer, etc.)
- Church group activities
- Civic or charity group activities
- Contacted a public official about an issue
- Attended a public meeting
- Worked with others on an issue in your community
- Served on a government board or committee

**How does the presence of the following landscape features influence your wellbeing?**

	Very Negatively	Negatively	Neither Positively nor Negatively	Positively	Very Positively
City Parks					
Farmland					
Extractive Industry					
Lakes					
Manufacturing Industry					
Mountains					
Red Rock					
Rivers and Streams					
Trails					
Urban Commercial Development					
Urban Residential Development					

**How would you describe the current rate of population growth in Sandy?**

Too Slow      Just Right      Too Fast      No Opinion

**How would you describe the current pace of economic development in Sandy?**

Too Slow      Just Right      Too Fast      No Opinion

As you look to the future of Sandy, how much of a concern are the following issues?

Not a Concern	Slight Concern	Moderate Concern	Major Concern
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- Access to Health Care
- Access to Mental Health Care
- Access to Public Land
- Access to Quality Food
- Affordable Housing
- Air Quality
- Employment Opportunities
- Opportunities for Youth
- Public Safety
- Recreation Opportunities
- Roads and Transportation
- Shopping Opportunities
- Social and Emotional Support
- Substance Abuse
- Water Supply
- Other \_\_\_\_\_

What do you value the most about living in and/or doing business in Sandy?

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### Respondent Characteristics

This last section asks questions that help us ensure that we have heard from a full range of perspectives. Remember that your answers are anonymous. These questions are very important to this project.

Which category matches your age today?

- 18-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70 or over

What is your gender?

- Female
- Male
- Gender non-conforming or non-binary

**What is the highest level of education you have completed?**

- Some high school or less
- High school diploma or GED
- Some college, no degree
- Associates degree
- Vocational/Technical degree
- Bachelor’s degree (4-year college degree)
- Graduate degree

**What would you estimate your total household income was for 2019?**

- Under \$15,000
- \$15,000 to \$24,999
- \$25,000 to \$34,999
- \$35,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,999
- \$150,000 to \$199,999
- \$200,000 or higher

**Are you currently....?**

- Employed full time for wages
- Employed part time for wages
- Self-employed
- Volunteer working at least 20 hours per week
- Out of work and looking for work
- Out of work but not currently looking for work
- Homemaker
- Student
- Military
- Retired
- Unable to work

**Which category best describes your religious preference, if any?**

- Atheist
- Catholic
- Church of Jesus Christ of Latter-day Saints
- Judaism
- Muslim
- Other Christian Religion
- Other Non-Christian Religion
- I have No Religious Preference
- Other \_\_\_\_\_

**Are you of Hispanic, Latino, or Spanish origin?**

- Yes
- No

**What is your race? Please select all that apply.**

- American Indian or Alaska Native
- Asian
- Black or African American
- Middle Eastern or North African
- Pacific Islander
- White
- Other \_\_\_\_\_

**What is your marital status?**

- Single, never married
- Married or domestic partnership
- Widowed
- Divorced
- Separated

Do you have children under the age of 18 in your household?

Yes

No

Do you own or rent your place of residence in Sandy?

Own

Rent

Other

Is there anything else you'd like to tell us about wellbeing in Sandy?

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Are you interested in participating in periodic follow-up surveys on wellbeing? If so, please [click here](#) to go to a short survey to enter your city and email address.

This contact information will not be linked to your wellbeing survey responses unless you indicate your approval.

Contact [courtney.flint@usu.edu](mailto:courtney.flint@usu.edu) for more information

**Thank you very much for taking this survey!**

Please encourage other adults age 18 and over in your household and community to take this survey. Here is a link to the survey to share with others:

<https://tinyurl.com/y2kmozyy>

We will share survey findings with Sandy City as soon as they are available in the coming months. We will ask them to share them with residents.

If you have any questions about the Wellbeing Project, please contact Dr. Courtney Flint at [courtney.flint@usu.edu](mailto:courtney.flint@usu.edu) or (435) 797-8635.